

Equipment:	
	1. For 5th/6th classes: For each catapult: 14 lollipop sticks, 1 rubber band, sellotape, 1small piece of paper (approximately one quarter A4 sheet).
	2. For 3rd/4th classes: For each catapult: 1 bulldog clip, 1 short ruler (15 cms.), 1 thick rubber band, 1 small piece of paper (approximately one quarter of an A4 sheet)
Suggested Class Level:	Senior classes
Preparation:	Ideally, the DPS activity 'Amazing Triangles' should have been carried out previously, in order for the children to have learned about the strength of the triangle.
Background information:	 When a force acts on an object that cannot move, it may change its size or shape. Some things (<i>e.g. plasticine/ modelling clay</i>) stay in the new shape when the force is removed. But some substances, like rubber, return to their original form when the force is removed. The latter are called ELASTIC substances. Elastic materials store energy when they are stretched, and release the energy when the force is removed. So energy is stored in stretched rubber bands (<i>this is the energy which you have put into it to stretch it</i>). This energy is released when the rubber band is let go and it goes back to its original size. Elastic things will not stretch forever! They will snap if you stretch them too far. This activity also shows the strength of the triangle. The triangle is a shape often used in architecture because of its strength. (<i>See Discover Primary Science activity 'Amazing Triangles'</i>).



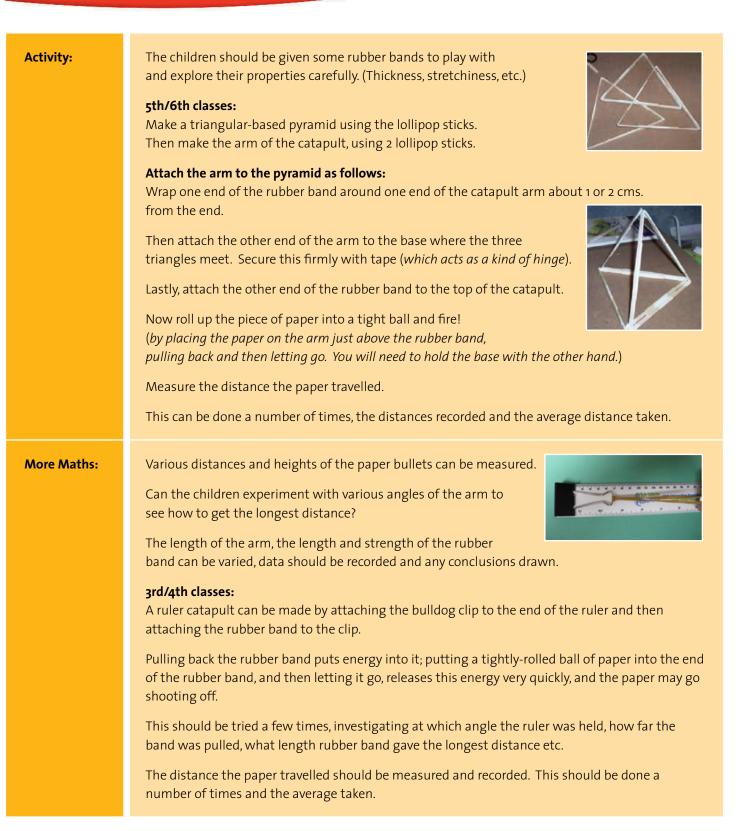




Trigger questions:	 What do you use rubber bands for? What is the advantage of rubber bands over a piece of string? (<i>They stretch</i>). When you stretch a rubber band what does it do? (<i>It gets longer</i>). When you let it go again what does it do? (<i>It goes back to its original stretch is original stretch is downwards</i>). Do you think a trampoline is elastic? (<i>Yes</i>!) What happens to a trampoline when you jump on it? (<i>It stretches downwards</i>). Then what happens? (<i>It goes back to its original shape, releasing the stored energy and pushes you up in the air</i>)
Content:	SCIENCE: Energy and forces: stored energy MATHS: Number: operations Shape and Space: 3-D shapes, lines and angles Measures: length Data: represent data
Skills:	Predicting, experimenting, measuring; Designing and making (<i>i.e. exploring, planning, making, evaluating</i>)
Cross- curricular Links:	History: Catapults were used for a long time in warfare: the Romans used catapults as siege weapons. Later on, the Normans used them also; and in the twentieth century catapults were used in the First World War to fire hand grenades into the enemy's trenches. Bows and arrows also use stored energy – used from very early times for hunting and in war.











Follow-up activity:There are a large number of ways in which the principle of stor The children should be encouraged to design and make their of They could try using a piece of eggbox as a holder for the pape They could try using rolled-up kitchen foil instead of the pape For 'Design and Make' remember the 4 stages: 1. Explore 2. Plan 3. Make 4. Evaluate	own catapults. er ball.

